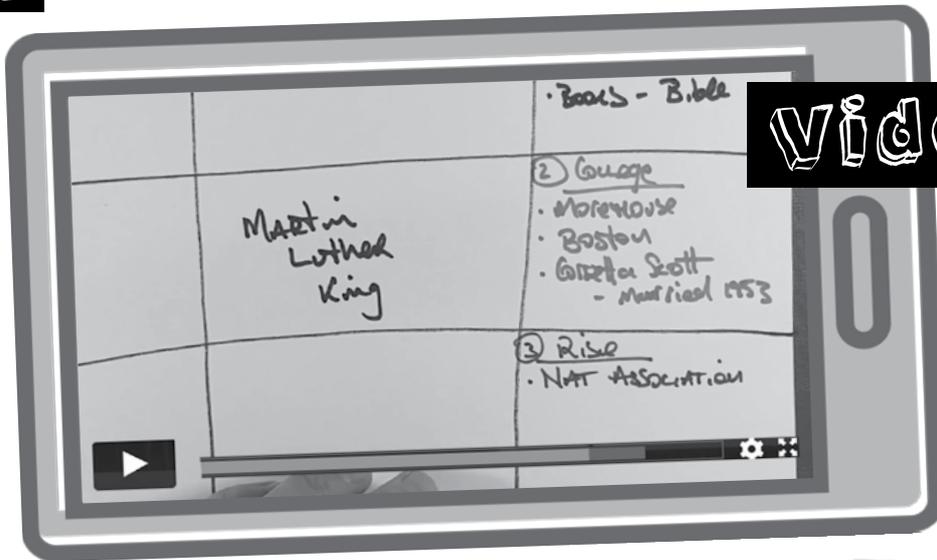




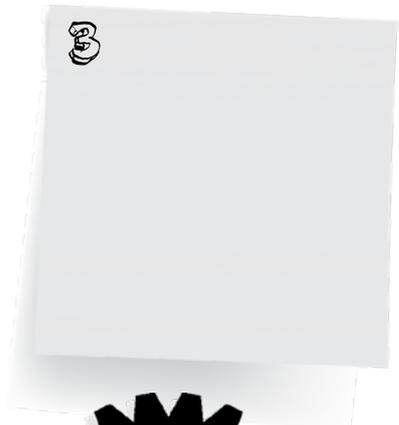
How to create a WHIZGRID

PROCESS



video

List 3 key takeaways from this video



STORY



A couple of years ago, I was coaching a student called Ben whilst in London. He liked Tottenham Hotspur. He didn't like studying. When I showed him a mind map, he said "I don't like it". I decided to change tack. Drawing two lines down the page and two lines across the page like a game of X's and O's, I put the name of the chapter in the centre of the page. I then put a different heading in each "box". I then bullet-pointed the key information in each box. Ben loved it. I had just created the first WHIZGRID.

WHIZGRIDZ are 1-page summaries. They are a note-taking tool to help us get a lot of information onto one page. They look like a grid and you can "whiz" around a page very quickly using this technique. WHIZGRIDZ have been a game changer for many students.

They really help visual learners and have a sense of space and structure. Howard Gardner refers to this as spatial intelligence. What I then do is take the headings and keywords and create a story using something called a Memory Journey (we will cover that in one of the next lessons). WHIZGRIDZ help with retention of lots of information and recall. So when creating a memory journey I put an image of a person or an object beside each keyword.

Story

This is like putting your brain into 5th gear.



So if you struggle with note-taking and feel you spend hours writing notes, then you will get a lot from this technique. WHIZGRIDZ save so much time with note-taking and they help in the creation of memory journeys which is extremely powerful when trying to consolidate and remember lots of information.



When I was sitting my Leaving Cert History exam, all I had to do was revise 12 WHIZGRIDZ instead of trying to read and "learn off" two hardbacks jammed full of notes.



Using the WHIZGRIDZ had a massive impact on my confidence and helped me reduce any exam stress. I got an A1 (now H1) and if I can do that, you can do it too.

Game 1

THIS IS MY LIFE

Draw a grid of your life. Put your name in the centre. Use some of the following headings (one per section): family, hometown, school, hobbies, pets, music, TV shows/movies/games, friends, food, holidays.

FAMILY	HOMETOWN	SCHOOL
HOBBIES	MY NAME IS	MUSIC
TV SHOWS/MOVIES/ GAMES	FRIENDS	FOOD



PROCESS

Game 2

MARTIN LUTHER KING

Watch the Martin Luther King video and as you do fill in the keywords into a grid.



Game 3

GET INTO THE GRIDZ

Pick your own topic from any subject and create your own WHIZGRID.

“ If you must doubt something, doubt your limits. ”
Price Pritchett

Reflect and Connect

Rate each of the learning intentions below by shading each section. Read each statement and shade in the area to get a visual on how today's lesson was for you.

1 = Lowest level

5 = Highest level

The graphic is a large circle divided into six puzzle-piece sections by a horizontal line and two diagonal lines meeting at the center. Each section contains a learning intention statement and a vertical rating scale from 1 to 5. The sections are:

- Top:** 6. I did my best and didn't give up. Rating scale: 5, 4, 3, 2, 1.
- Top-Right:** 1. I enjoyed today's story. Rating scale: 5, 4, 3, 2, 1.
- Bottom-Right:** 2. I understood the goal of today's lesson. Rating scale: 5, 4, 3, 2, 1.
- Bottom:** 3. I asked questions when I didn't understand. Rating scale: 5, 4, 3, 2, 1.
- Bottom-Left:** 4. I got involved in the class and the games. Rating scale: 5, 4, 3, 2, 1.
- Top-Left:** 5. I worked well with others. Rating scale: 5, 4, 3, 2, 1.