



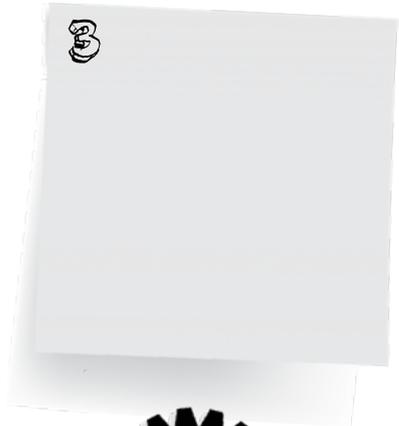
The 80/20 rule for studying

PROCESS



video

List 3 key takeaways from this video



STORY

Daragh was down in the dumps. His confidence was on the floor. I knew by the way he walked into my room that he was not in a good place. His shoulders were slumped over. His face was pale and he looked like a kid who had just gone 10 rounds with Conor McGregor.

I asked to see his study notes for one of his subjects. Reaching into his backpack he took out three thick hardback notebooks crammed with experiments and lists. I joked he must love Agricultural Science. He assured me this was definitely not the case. He had just failed his mocks and he was lost. He needed a lift and that's when I introduced him to a principle that changed his life.

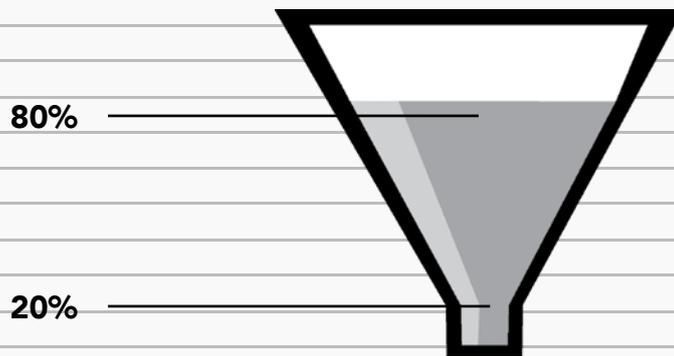
Let's talk about The Pareto Principle, also known as the Law of Least Effort or the 80/20 Rule. Vilfredo Pareto was a very smart Italian economist. He was studying wealth patterns in England in the late nineteenth century and he noticed that 80% of the wealth was owned by only 20% of the population. The same summer, Pareto was harvesting peas in his little pea garden and he noticed 80% of the peas came from 20% of the pods. In other words, 80% of results came from 20% of the inputs.

STORY

How I explain this to students is as follows: it's like a funnel. Take a chapter from a textbook.

Put all the information through the funnel and then remove 80% of the text. This leaves 20% of the CORE material. This is what you need to know for the exam. I then summarise that core information (20%) into my 1-Page Summaries which are called WHZGRDIZ.

80/20 simplifies and makes our life a lot easier, and it helps us to become less anxious. So next time you start highlighting lines and lines of text, think what is the 20% of the information that is the most important. As the saying goes LESS IS MORE.



Game 1

SUPER STYLIN'



Let's apply the Pareto Principle to your clothes.

80% of the time we wear only 20% of all the clothes we have. Most people have a favourite hoody, top or pair of trainers.

Discuss with your buddy your favourite clothes. If you wear a uniform ask your buddy what do you change into for comfort. Discuss your favourite brands.

Also if I was to give you a voucher for your favourite clothes shop online or offline, what is this shop and what would you buy?



PROCESS

Game 2

ME AND MY STUDY

Take out a notebook and textbook. Explain to your buddy what you normally do if you are taking notes.

Also explain to your buddy what you did to study for the last exam you did.

Game 3

GAME ON

Take a hobby or a game or something you really like to do. Write down the 5 most important things you need to do to win or be really good at this game.

Then you take turns explaining to the group these five most important aspects of your hobby and they have to guess what you are talking about.

For example, here is my 80/20 for something I love to do.

EXAMPLE

1. You take 2 sticks.
2. You hit them off the canvas.
3. Try to keep 4 time or 8 time beats.
4. Then you hit the symbol.
5. Hit the bass every alternative beat.

What am I talking about?

Answer: Playing the drums

“ Less is more. ”

Reflect and Connect

Rate each of the learning intentions below by shading each section. Read each statement and shade in the area to get a visual on how today's lesson was for you.

1 = Lowest level

5 = Highest level

6. I did my best and didn't give up

5. I worked well with others

1. I enjoyed today's story

