



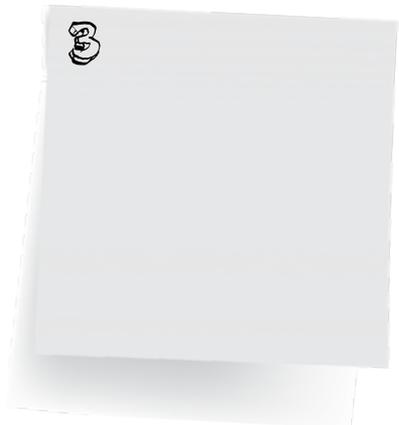
How your brain works

PROFILE



video

List 3 key takeaways from this video



STORY

GO LEFT GO RIGHT

Some years ago, I attended a seminar (that's another name for a class) that changed my life. I had never heard about the notion of left-brained (logical, analytical) and right-brained (creative, imaginative) learning before. The presenter had us do an exercise. He gave us a sheet of paper with 40 keywords. We had to put a circle around the words we liked.

He looked down at my sheet of paper and said to me "I see you are a total right-brainer." I was confused and asked him to explain what he meant. He explained to me that based on the results of the exercise we were doing I was right-brain dominant. This meant that I was more creative and imaginative. Left-brain dominant people are more analytical and logical.

After the seminar, I stayed back and grilled him. This was my first taste of accelerated learning. I was hooked!

It also helped me understand a huge issue for me: why I struggled in my accounting career. Now it all started to make sense. Accounting is a left-brain career. Accounting involves maths, numbers, analysis, attention to detail and logic. As someone who was more right-brain

Story

orientated, I struggled with these things.



Finding out I was a right-brainer was like a combination lock that finally clicks in place. Now I could understand so much more and it really helped me move forward in terms of my career, studying for exams and improving my grades.



For 10 years, I had been totally out of sync. I didn't like my career. I had difficulty with all my subjects. I struggled to pass exams and failed my finals. It had been exhausting. When I found out I was right-brain dominant, it was like someone turned on the light and the world of learning came alive.



“ When you change the way you look at things, the things you look at change. ”

Game 1

BRAIN GAME

For each word and activity listed below, do you think they are Left or Right Brain? Write them into the columns underneath the headings 'Left Brain' and 'Right Brain' below.

emotional,
focuses on facts,
planned,

artistic,
likes lists,
forgets things,

logical,
maths minded,
imaginative,

likes storytelling,
prefers to read fiction,
realistic.

LEFT BRAIN

RIGHT BRAIN





PROFILE

Game 2 FAMOUS FIVE

Can you come up with 5 famous people (real or famous) who you think are more left-brained and 5 famous people who could be right-brained. For example, Hermione Granger from Harry Potter might be left-brained (“brainy”) and James Charles (YouTuber) or Billie Eilish might be perceived as being more right-brained (creative).

LEFT BRAIN	RIGHT BRAIN
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Game 3 JOB INTERVIEW

You are sitting in the office of a major technology company such as Google or Facebook. You are about to go into a job interview. Write up a list of 10 questions you could be asked.

What type of jobs do you think you would be interviewing for. With your buddy, take turns at being the job interviewer and the interviewee.

What do you think a left-brain person would be looking for and what would a right-brain person be looking for if they are interviewing you?

Reflect and Connect

Rate each of the learning intentions below by shading each section. Read each statement and shade in the area to get a visual on how today's lesson was for you.

1 = Lowest level

5 = Highest level

6. I did my best and didn't give up

1. I enjoyed today's story

5. I worked well with others

4. I got involved in the class and the games

3. I asked questions when I didn't understand

2. I understood the goal of today's lesson